

HOW TO REACH US

Call (520) 406-9220. Leave a clear message with your first name and a number where you can be reached. One of our advocates will return your call within 24 hours and talk with you about your current needs.

Together you'll create a plan that best suits your individual situation, guided by your input. We will attempt to support you in the manner you feel will be most effective.

Even if you just need to talk about your experiences to someone who may understand, please call and connect with one of our volunteers.

At no time will you have an obligation to continue to work with us if you decide not to. Remember, we are volunteers, and participating in The Goodrum Project is completely voluntary on your part as well.

There is no charge for these services. Donations are happily accepted.

24-HOUR MESSAGE LINE
(520) 406-9220
WWW.GOODRUMPROJECT.INFO

ABOUT SAGA

The Goodrum Project is an outreach project of the Southern Arizona Gender Alliance (SAGA). Founded in 1998, SAGA provides educational, support, outreach, and other programs for transgender, transsexual, and gender-diverse people, as well as families, allies, service providers, employers, and others.

SAGA is a program of Wingspan, Southern Arizona's gay, lesbian, bisexual, and transgender community center.

THE GOODRUM PROJECT
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A project of:

**Southern Arizona
Gender Alliance (SAGA)**
425 E. Seventh Street
Tucson, AZ 85705
(520) 624-1779, x26

www.sagatucson.org
Join our Yahoo! Group, SAGA-AZ



SAGA is a program of
Wingspan
LGBT Community Center
www.wingspan.org

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DO YOU CONSIDER YOURSELF

TRANSGENDER?
TRANSSEXUAL?
CROSS-DRESSER?
INTERSEX?
"JUST ME"?

Are you seeking, or are you already receiving services in the Tucson area for mental health needs?

Do you sometimes wish you had someone to help you navigate the "system" or to help you become better acquainted with the many local services available to you?

Have you been harassed, disrespected, or denied appropriate services because of your gender identity or presentation?

Do you wish someone could meet just once with your case manager to offer some support in explaining your particular situation?

You're not alone.



The Goodrum Project may just be the boost you need to feel more confident in advocating for the best possible care for yourself.

**THE
GOODRUM
PROJECT**

GOODRUM PROJECT SERVICES

The Alexander John Goodrum Transgender Mental Health Advocacy Project seeks to support and empower you in finding appropriate mental health services, while offering support and education to your service providers.

The primary goals of The Goodrum Project are to offer resources, mediation, and encouragement to transgender individuals to develop self-advocacy skills; and to offer education for mental health professionals to facilitate positive relationships resulting in sensitive mental health services.

Volunteer advocates of the Goodrum Project will:

- Respond to every call or request for resources and clarify the scope of our program.
- Use respectful language when referring to you, as determined by you.
- Encourage and support your rights to self-determination.
- Seek to support you in connecting with the most appropriate services within the Tucson area.
- Seek to help your mental health providers improve their understanding and skills to support you.

A strong support team, including family members, is often essential in helping an individual who is struggling with mental health and /or substance abuse issues. We are also aware that often transgender individuals are estranged from family, and friends who were once close.

As advocates, we offer emotional support that just may enhance your experience as a mental health consumer. We are not professionals, we are volunteers, but many of us have experience working within the mental health field or as consumers of mental health services.

Our primary goal is to support you in self advocacy and to offer those who provide services to you support and educations so they can better fulfill your needs.

We are not case managers and we do not offer any direct services that would replace the services provided by licensed facilities in the Tucson area. Our job is to help you make initial connections with new service providers and /or strengthen connections with those you already have in place.

Please give us a call so that we can decide together if we might help you have a better experience in working with your mental health providers.

HOW THE GOODRUM PROJECT CAME ABOUT

In the fall of 2002, the Tucson community was devastated by the tragic suicide of Alexander John Goodrum, a local friend and transgender activist.



Alexander struggled with mental health and substance abuse issues for many years. In his last weeks, he sought support from the local mental health system, but the stigma and discrimination he met as a transgender person in that system became a barrier to the support he was seeking.

Alexander's death brought the issue of mental health to the forefront of the transgender community. The Alexander John Goodrum Transgender Mental Health Advocacy Project was born out of that response.

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